Introduction to HealthCheck and HealthCheck Other Services

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May 2019
Presentation Purpose

- Clarify details of HealthCheck benefit
- Define HealthCheck “Other Services”
- Share updated prior authorization (PA) processes to enhance member access to HealthCheck “Other Services”
- Explain how Members access HealthCheck
What is HealthCheck?

- Federal law requires state Medicaid programs to provide Early and Periodic Screening, Diagnosis, and Treatment (EPSDT) services for Medicaid members under 21 years of age.
- The purpose is to prevent, diagnose, and treat health problems as early as possible.
- HealthCheck is the term used for EPSDT in Wisconsin.
Eligibility for HealthCheck

- All Members under the age of 21, who are enrolled in Medicaid are eligible for HealthCheck Services.

- There are no applications, or extra steps that need to be taken for participation in HealthCheck.

- There is no additional cost related to HealthCheck services.
What services are included?

HealthCheck provides comprehensive and preventive health care services, including:

- Medical services
- Vision services
- Hearing services
- Dental services
- “Other services”
What services are included?

- Comprehensive health screening exams
- Interperiodic health screens
- Outreach and case management
- Medically necessary follow-up services
HealthCheck Screens

- **Comprehensive screens** (or “well child” exams) include a head-to-toe physical exam with specific components, according to the American Academy of Pediatrics (AAP) periodicity schedule.

- **Interperiodic screens** are visits with qualified providers that occur outside the AAP periodicity schedule, such as problem-focused visits.
Follow-Up Services

- If a child needs treatment or follow-up for a condition, a qualified provider must write an order or prescription for the service.
- Many follow-up services are already covered by Wisconsin Medicaid.
- If a needed follow-up service is not typically covered by Wisconsin Medicaid, it may be covered under HealthCheck “Other Services.”
HealthCheck
“Other Services”
HealthCheck “Other Services”

Social Security Act 1905(r)(5)

“…such other necessary health care, diagnostic services, treatment, and other measures described in section 1905(a) to correct or ameliorate defects and physical and mental illnesses and conditions discovered by the screening services, whether or not such services are covered under the state plan.”
HealthCheck “Other Services” Benefits in Wisconsin

- Child and adolescent mental health day treatment
- Intensive in-home psychotherapy
- Comprehensive behavioral treatment
- Orthodontia
- Certain over-the-counter medications
- Certain dental services
HealthCheck “Other Services”

For members under age 21, states must provide any additional health services that are:

- Coverable under the federal Medicaid program.
- Found to be medically necessary for the individual.
“Medically Necessary”
HealthCheck Other Services

- Determined on a case-by-case basis based on the member’s unique needs
- May include services that prevent, correct, improve, or maintain the member’s physical or mental condition
- Must meet medical necessity criteria in Wis. Admin. Code § 101.03(96m)
Determining Medical Necessity

- Prior Authorization (PA) is the process used by Wisconsin Medicaid to determine whether a specific requested service is medically necessary.
- Because HealthCheck “Other Services” must be medically necessary for the individual, most HealthCheck “Other Services” require PA.
PA for HealthCheck
“Other Services”
Prior Authorization Process

- Providers submit clinical information about a child’s condition and the reason a specific service or product is needed.
- Clinicians at ForwardHealth review all the submitted information and determine if it shows that the child has a medical need for the service or product.
Barriers to Access

- In the past, some providers regarded Wisconsin Medicaid’s PA process as a barrier to HealthCheck “Other Services” because they were unclear how to submit a PA.

- Wisconsin Medicaid has streamlined its PA process for HealthCheck “Other Services” to improve member access.
Streamlined PA Process

- Conditions identified during either a comprehensive or interperiodic screen can trigger referral for HealthCheck “Other Services.”
- Provider’s PA process for HealthCheck “Other Services” has been streamlined.
Two Types of PA Requests

- Two types of PA requests are possible for HealthCheck “Other Services”
  - Requests for exceptions to coverage limitations
  - Requests for federally allowable Medicaid services not routinely covered by Wisconsin Medicaid
Exceptions to Coverage Limitations

- The provider requests a PA for a benefit with established policy.
- The PA is reviewed according to HealthCheck “Other Services” criteria when necessary.
- The provider doesn’t have to identify the request as HealthCheck “Other Services” or submit an additional PA.
Services Not Routinely Covered

- The provider requests PA for a service that is federally allowable but not routinely covered.
- The provider requests the desired procedure code even if the code is not routinely covered by Wisconsin Medicaid.
- The provider can submit either a service-specific PA attachment form or a clinical rationale and documentation for the service.
Accessing HealthCheck Services
Eligibility and Cost

- If your child has Medicaid and is under age 21, they already have HealthCheck.
- There is not an additional cost for HealthCheck. Members just pay the deductibles and co-pays they usually pay for medical services.
When You Need a HealthCheck Screen

- You’ll receive reminders when regularly scheduled examinations are due.
- Contact your doctor about new concerns.
- No prior authorization is needed for regular exams or problem-focused visits.
When you Need a Diagnostic Visit or Follow-Up Treatment

- Your doctor or HMO may recommend a specialist or other provider.
- You contact a provider about needed services.
- If prior authorization is required, the provider will submit the necessary information.
Finding a Provider

- **BadgerCarePlus and Medicaid HMO members:**
  Contact your HMO

- **ForwardHealth members:**
  Contact Member Services
HealthCheck Communications
Public Awareness

To enhance public awareness and understanding of the HealthCheck benefit, Wisconsin Medicaid is developing materials and sharing information with providers, families, county waiver agencies, and other stakeholders.
Our Goal

Our communication efforts are designed to help us achieve the goal of HealthCheck to ensure the **right care** to the **right child** at the **right time** in the **right setting**.
Resources
HealthCheck Resources

www.forwardhealth.wi.gov

**Step 1:** Click on providers (blue head)

**Step 2:** Click on the “Provider-specific Resources” link on the left hand side

**Step 3:** Find HealthCheck and click on “More information”