

Personal Care Activity Time Allocation Table

Activity	Response Selected	*Time (in Minutes)	Max/Day Frequencies	Max/Week Frequencies	Limitations
Bathing	A, B, and F	0	1	7	
	C, D, and E	30	1	7	
	C, D, and E	60	1	7	Allowed when the only service provided is bathing.
Dressing – Upper	A, B, and F	0	2	7	
	C, D and E	10	2	7	
Dressing – Lower	A, B, and F	0	2	7	
	C, D and E	10	2	7	
Placement of Prostheses	Yes	10	1	7	Time allocated includes the placement and the removal of prosthetic items.
Grooming	A, B, and G	0	2	7	
	D	5	2	7	
	C, E, and F	15	2	7	
Eating	O, A, B, and H	0	3	7	
	C	5	3	7	
	D, E, F, and G	20	3	7	
Mobility	O, A, B, and E	0	1	7	
	C, D	20	1	7	
Toileting	A, B, and G	0	0	7	Regardless of the combination of selections and frequencies, the daily maximum is 90 minutes.
	C and D	10	0-9	7	
	E	15	0-6	7	
	F	5	0-18	7	
Transfers	A, B, G, and F	0	1	7	Maximum daily allocation. This daily amount is in addition to time allocated for transfers with bathing and toileting.
	C and D	30	1	7	
	E	45	1	7	
Medication Assistance	O, A, B, and C	0	6	7	
	D	5	6	7	
Glucometer Readings	Yes	5	4	7	
Skin Care	Yes	5	2	7	
Catheter Site Care	Yes	5	2	7	
G-Tube Site Care	Yes	5	2	7	
Complex Positioning	Yes	5	6	7	

**This version of Personal Care Activity Time Allocation Table applies to allocations calculated after February 4, 2011, and completed using PCST Instructions F-11133A (01/11).*