

**Affected Programs:** BadgerCare Plus Standard Plan, Medicaid

**To:** Advanced Practice Nurse Prescribers with Psychiatric Specialty, Federally Qualified Health Centers, Master's-Level Psychotherapists, Outpatient Mental Health Clinics, Psychiatrists, Psychologists, Qualified Treatment Trainees, HMOs and Other Managed Care Programs

## 2013 Procedure Code Changes for Outpatient Mental Health and Substance Abuse Services in the Home or Community for Adults

Effective for dates of service on and after January 1, 2013, ForwardHealth is adopting national changes to *Current Procedural Terminology* (CPT) procedure codes for covered outpatient mental health and substance abuse services in the home or community for adults. These changes include the following:

- Adding new CPT procedure codes.
- Enddating discontinued CPT procedure codes.
- Submitting claims for psychotherapy services with an evaluation and management component.

Effective for dates of service (DOS) on and after January 1, 2013, ForwardHealth is adopting national changes to *Current Procedural Terminology* (CPT) procedure codes for covered outpatient mental health and substance abuse services in the home or community for adults. These changes include the following:

- Adding new CPT procedure codes.
- Enddating discontinued CPT procedure codes.
- Submitting claims for psychotherapy services with an evaluation and management (E&M) component.

While some CPT procedure codes are changing for certain outpatient mental health and substance abuse services in the home or community for adults, the policy and coverage of services (including place of service restrictions, reimbursement, and telemedicine policy) are not changing.

Refer to the Attachment of this *ForwardHealth Update* for detailed information on 2013 CPT procedure code changes.

### **Billing Changes for Psychotherapy Services That Include a Medical Evaluation and Management Service**

Effective for DOS on and after January 1, 2013, providers are required to submit claims using the appropriate medical E&M procedure code along with a time-allowed add-on CPT procedure code when providing a psychotherapy service that includes a medical E&M component. Previously, providers were required to submit claims using one procedure code that included the E&M component.

### **Advanced Practice Nurse Prescribers Required to Be Separately Enrolled as a Nurse Practitioner to Provide Evaluation and Management Services**

Advanced practice nurse prescribers (APNPs) with a psychiatric specialty and psychiatrists are the only mental health providers who can submit claims for psychotherapy services that include a medical E&M component. Additionally, APNPs with a psychiatric specialty are required to be separately enrolled in Medicaid as a nurse practitioner in order to be reimbursed for an E&M service.

## Pharmacologic Management

*Current Procedural Terminology* procedure code 90862 (pharmacologic management) has been discontinued. Providers should now use the appropriate E&M code for pharmacologic management. Advanced practice nurse prescribers with a psychiatric specialty who previously were reimbursed for pharmacologic management are required to be separately enrolled in Wisconsin Medicaid as a nurse practitioner to be reimbursed for an E&M service.

## Interactive Complexity

For interactive psychotherapy, providers are required to use the appropriate psychotherapy CPT procedure code along with the interactive complexity add-on code (90785). Interactive psychotherapy is defined as psychotherapy using play equipment, physical devices, a language interpreter, or other mechanisms of non-verbal communication. Providers should bill their usual and customary charge for interactive complexity. However, ForwardHealth does not reimburse an additional amount for interactive complexity; ForwardHealth will process claim details for interactive complexity (procedure code 90785) as an allowed detail with a zero dollar payment.

## Criteria for Reporting Time for Psychotherapy Services

Per national coding guidelines, for new psychotherapy CPT procedure codes 90832-90838, providers should choose the code closest to the actual time spent providing the psychotherapy service. Refer to the following table for the psychotherapy CPT procedure code that appropriately matches the actual time spent providing the service.

Time (Minutes)	Procedure Code(s)
16-37	90832, 90833 (30 minutes)
38-52	90834, 90836 (45 minutes)
53 or more	90837, 90838 (60 minutes)

ForwardHealth will not reimburse providers for psychotherapy services that are fewer than 16 minutes in duration.

Time associated with activities used to meet criteria for the E&M service is not included in the time reported as the psychotherapy service (i.e., time spent on history, examination, and medical decision making when used for the E&M service is not psychotherapy time).

## Information Regarding Managed Care Organizations

This *Update* contains fee-for-service policy and applies to services members receive on a fee-for-service basis only. For managed care policy, contact the appropriate managed care organization. Managed care organizations are required to provide at least the same benefits as those provided under fee-for-service arrangements.

The *ForwardHealth Update* is the first source of program policy and billing information for providers.

Wisconsin Medicaid, BadgerCare Plus, SeniorCare, and Wisconsin Chronic Disease Program are administered by the Division of Health Care Access and Accountability, Wisconsin Department of Health Services (DHS). The Wisconsin AIDS/HIV Drug Assistance Program and the Wisconsin Well Woman Program are administered by the Division of Public Health, Wisconsin DHS.

For questions, call Provider Services at (800) 947-9627 or visit our Web site at [www.forwardhealth.wi.gov/](http://www.forwardhealth.wi.gov/).

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# ATTACHMENT

## Procedure Code Changes for Outpatient Mental Health and Substance Abuse Services in the Home or Community for Adults

Effective for Dates of Service on and After January 1, 2013

<b>Initial Psychiatric Evaluation</b>				
Discontinued Code	2013 Procedure Code	Description	2013 Add-On Procedure Code(s)	Description
90801	90791	Psychiatric diagnostic evaluation	90785 (when appropriate)	Interactive complexity <sup>2</sup>
	90792 <sup>1</sup>	Psychiatric diagnostic evaluation with medical services		
90802	90791	Psychiatric diagnostic evaluation		
	90792	Psychiatric diagnostic evaluation with medical services		

<b>Outpatient Psychotherapy</b>				
Discontinued Code	2013 Procedure Code	Description	2013 Add-On Procedure Code(s)	Description
90804	90832	Psychotherapy, 30 minutes with patient and/or family member	90785 (when appropriate)	Interactive complexity
90805	Appropriate E&M <sup>3</sup> code		90833	Psychotherapy, 30 minutes with patient and/or family member when performed with an evaluation and management service
90806	90834	Psychotherapy, 45 minutes with patient and/or family member	90785 (when appropriate)	Interactive complexity
90807	Appropriate E&M code		90836	Psychotherapy, 45 minutes with patient and/or family member when performed with an evaluation and management service
90808	90837	Psychotherapy, 60 minutes with patient and/or family member	90785 (when appropriate)	Interactive complexity
90809	Appropriate E&M code		90838	Psychotherapy, 60 minutes with patient and/or family member when performed with an evaluation and management service

<b>Outpatient Interactive Psychotherapy</b>				
<b>Discontinued Code</b>	<b>2013 Procedure Code</b>	<b>Description</b>	<b>2013 Add-On Procedure Code(s)</b>	<b>Description</b>
90810	90832	Psychotherapy, 30 minutes with patient and/or family member	90785	Interactive complexity
90811	Appropriate E&M code		90833	Psychotherapy, 30 minutes with patient and/or family member when performed with an evaluation and management service
			90785	Interactive complexity
90812	90834	Psychotherapy, 45 minutes with patient and/or family member	90785	Interactive complexity
90813	Appropriate E&M code		90836	Psychotherapy, 45 minutes with patient and/or family member when performed with an evaluation and management service
			90785	Interactive complexity
90814	90837	Psychotherapy, 60 minutes with patient and/or family member	90785	Interactive complexity
90815	Appropriate E&M code		90838	Psychotherapy, 60 minutes with patient and/or family member when performed with an evaluation and management service
			90785	Interactive complexity

<b>Other Psychotherapy Codes</b>				
<b>Discontinued Code</b>	<b>2013 Procedure Code</b>	<b>Description</b>	<b>2013 Add-On Procedure Code(s)</b>	<b>Description</b>
90857	90853	Group psychotherapy (other than of a multiple-family group)	90785	Interactive complexity
No existing code	90839	Psychotherapy for crisis; first 60 minutes	90840 (as appropriate)	Psychotherapy for crisis; each additional 30 minutes

<b>Other Psychiatric Services or Procedures</b>				
<b>Discontinued Code</b>	<b>2013 Procedure Code</b>	<b>Description</b>	<b>2013 Add-On Procedure Code(s)</b>	<b>Description</b>
90862	Appropriate E&M code		None	–

<sup>1</sup> Evaluation and management codes may be used in lieu of procedure code 90792.

<sup>2</sup> Interactive psychotherapy is defined as psychotherapy using play equipment, physical devices, a language interpreter, or other mechanisms of non-verbal communication.

<sup>3</sup> Evaluation and management.