

# Key Concepts of Behavioral Treatment Claims and Prior Authorization Requests

## Objective

To provide information and specific scenarios to behavioral treatment providers regarding the coordination of benefits (COB) process and submitting prior authorization (PA) requests and claims for members with commercial health insurance.

## Training Prerequisites

- This training assumes behavioral treatment providers have basic knowledge of the ForwardHealth COB processes.
- Providers should review the Overview of ForwardHealth Coordination of Benefits and the Commercial Insurance Process webcast for basic COB concepts prior to viewing this training.
- Providers can access recorded trainings from the Training page of the ForwardHealth Portal at [www.forwardhealth.wi.gov/WIPortal/content/provider/training/TrainingHome.htm.spage](http://www.forwardhealth.wi.gov/WIPortal/content/provider/training/TrainingHome.htm.spage).

# Agenda

- Behavioral treatment services
- Available code sets
- ForwardHealth-covered procedure codes
- Modifiers
- Procedure codes to use when commercial health insurance is primary insurance
- Additional recorded trainings available for behavioral treatment providers regarding the COB process

## Behavioral Treatment Services

- The ForwardHealth behavioral treatment benefit covers services designed specifically for adaptive behavior assessment and treatment.
- Treatment may be authorized for members with autism or other diagnoses or conditions associated with deficient adaptive or maladaptive behaviors.

## Available Code Sets

- There are multiple procedure code sets and modifiers used within the health insurance industry to indicate behavioral treatment services on claims.
- ForwardHealth has chosen to use the following *Current Procedural Terminology* (CPT) category III procedure code sets and three specific modifiers for behavioral treatment services.

## ForwardHealth-Covered Procedure Codes

- ForwardHealth covers the following CPT procedure codes for behavioral treatment services:
  - 0359T (Behavior identification assessment)
  - 0360T and 0361T (Observational behavioral follow-up assessment)
  - 0364T and 0365T (Adaptive behavior treatment by protocol)
  - 0368T and 0369T (Adaptive behavior treatment with protocol modification)
  - 0370T (Family adaptive behavior treatment guidance)

# Modifiers

ForwardHealth uses the following modifiers for behavioral treatment services.

| <b>Modifier</b> | <b>Description</b>             | <b>Notes</b>   |
|-----------------|--------------------------------|--|
| AM              | Physician, team member service | Use with code 0370T when documentation supports that a team meeting was performed. This modifier is used in addition to modifiers TG or TF based on the level of service provided. |
| TG              | Comprehensive level of service | Benefit covers high-intensity, early intervention comprehensive behavioral treatment.  |
| TF              | Focused level of service       | Benefit covers time-limited lower-intensity treatment that focuses on specific behaviors or deficits.  |



## Procedure Codes to Use When Commercial Health Insurance Is Primary Payer

- ForwardHealth recognizes the following codes, which are commonly used by commercial health insurance companies for behavioral treatment services, in addition to the ForwardHealth-allowable codes, when billed with the processing results of the commercial health insurance company:
  - 90791 (Psychiatric diagnostic evaluation)
  - 97532 (Development of cognitive skills to improve attention, memory, problem solving [includes compensatory training], direct [one-on-one] patient contact, each 15 minutes)



## Procedure Codes to Use When Commercial Health Insurance Is Primary Payer (Cont.)

- H0031 (Mental health assessment, by non-physician)
- H0032 (Mental health service plan development by non-physician)
- H2012 (Behavioral health day treatment, per hour)
- H2019 (Therapeutic behavioral services, per 15 minutes)
- When coordinating commercial health insurance and ForwardHealth benefits, providers are required to first bill the commercial health insurance plan **according to the commercial insurer's policies** and designated procedure codes, modifiers, and units.

# Additional Recorded Trainings Available for Behavioral Treatment Providers Regarding the Coordination of Benefits Process

- The Coordination of Benefits Process Specific to Behavioral Treatment Services
- Other Coordination of Benefits Processes to Consider

**Thank You**